

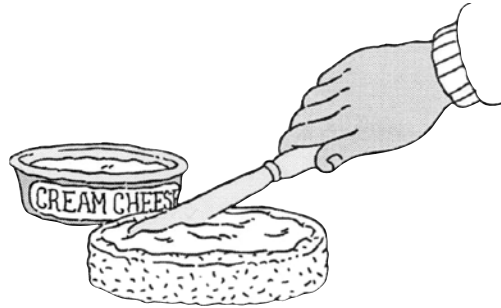


Arthur's Open-Face Sandwich

For a nutritious breakfast, try an Arthur sandwich with a glass of milk and a sliced orange.

1.

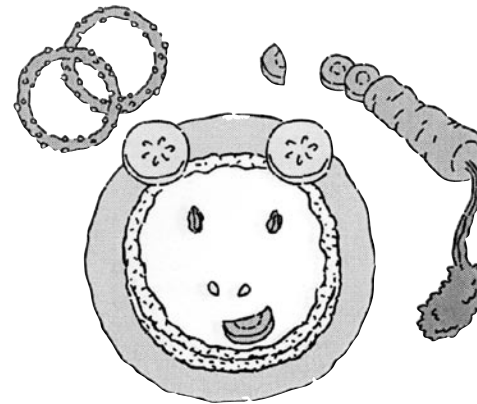
Spread an English muffin, rice cake or mini pita bread with hummus, cream cheese or cheese.



2.

Make Arthur's face.

- Use raisins or sunflower seeds for his eyes and nose.
- Use cucumber or banana slices or dried apricots for his ears.
- Use bits of carrot or sweet red pepper for his mouth.



3.

Use round pretzels for Arthur's eyeglasses.

